

TAPING AND CLEANING THE DEVICE

Taping is required with Steri-Strips and TegaDerm in order to keep the appliance in the mouth with minimum discomfort to the skin. There are three types of tapes:

Base Tapes are usually changed once per week

Cross Lip Tape is usually changed one time per day.

Active Tapes are usually changed one time per day.

The base tapes (TegaDerm tapes) are applied to the infant's cheeks so that the frequent placement and removal of the active retraction tape does not cause excessive skin irritation.

The active tapes (Steri-Strips) provide the molding force via red rubber bands. To make one of the active tapes, take one of the steri-strips and double it back on itself at one end, around an elastic orthodontic rubber band. There are two active tapes with red rubber bands; one on each side of the mouth. There is one cross lip tape. The cross lip tape should be placed first and the two active tapes with red rubber bands should be placed on top of the cross lip tape.

Cleaning the NAM Device:

The NAM device should be cleaned at least one time per day with warm water. Do not use harsh chemicals and do not place the appliance in boiling water. If the appliance needs to be disinfected or sterilized, we can do this for you at the next adjustment appointment.

